

# SUMMER MEALS! ALL KIDS EAT FREE!



**No paperwork necessary. Must be 18 or under for free meals.**

**Monday - Friday,  
August 5-16**

**FAMILY MEMBERS ARE INVITED AS  
WELL AS OTHER  
COMMUNITY MEMBERS**

**ADULT BREAKFAST - \$2.00  
ADULT LUNCH - \$4.00**

**BREAKFAST HOURS  
7:30am - 10am  
LUNCH HOURS  
10:45am - 12:45pm**

Monday, August 5	Tuesday, August 6	Wednesday, August 7	Thursday, August 8	Friday, August 9
<p><b>Choice of One</b> Hot Dog on a Roll Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Mixed Fruit Fresh Fruit Three Bean Salad Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Bomber Brunch for Lunch Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> 100% Juice Cup Fresh Fruit Hash Brown Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Chicken Patty on a Roll Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Applesauce Fresh Fruit Broccoli Salad Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> BBQ Riblet Sandwich Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Peaches Fresh Fruit Tater Tots Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Pizza Day Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Chef's Choice Fruit Fresh Fruit Carrots Salad Bar</p> <p><b>Choice of Milk</b></p>

Monday, August 12	Tuesday, August 13	Wednesday, August 14	Thursday, August 15	Friday, August 16
<p><b>Choice of One</b> Hamburger or Cheeseburger on a Bun Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Fresh Fruit Vegetable Trio Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Popcorn Chicken with a Biscuit Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Applesauce Fresh Fruit BBQ Beans Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Mozzarella Sticks with Dipping Sauce Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Pears Fresh Fruit Seasoned Corn Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Meatball Sub Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Apple Bake Fresh Fruit French Fries Salad Bar</p> <p><b>Choice of Milk</b></p>	<p><b>Choice of One</b> Pizza Day Meaty Nachos PBJ Sandwich Yogurt and Bagel Lunch</p> <p><b>Choice of Two</b> Chef's Choice Fruit Fresh Fruit Veggie Crunchers Salad Bar</p> <p><b>FREE TREAT WITH MEAL!</b></p> <p><b>Choice of Milk</b></p>

**FOR LUNCH,  
CHOOSE AT LEAST  
3 ITEMS  
TOTAL  
FROM AT LEAST 3  
DIFFERENT GROUPS**

**EAST ROCHESTER UFSD Summer Meals Program**